

<p><b>Monday</b></p> <p>10.15 - 11.00am Tai Chi Form (Oakham, Rutland)</p> <p>11.30 - 12.30pm Tai Chi Form (Gloucester House, Melton Mowbray)</p> <p>1.30 - 2.30pm Tai Chi (Freer Centre, Wigston, Leicester)</p> <p>7.30 - 9.30pm Gaku Shi Juku Kendo Kai (Alex Coley*)</p>	<p><b>Tuesday</b></p> <p>10.00 - 11.00am Tai Chi Form (The Pavilion, Huncote)</p> <p>12.30 - 1.30pm Tai Chi Form (Age UK, Clarence House, Leicester)</p> <p>2.30 - 3.30pm Tai Chi Form (Age UK, Earl Shilton)</p> <p>4.00 - 5.00pm Tai Chi Beginners (Markfield Community Centre, Markfield)</p> <p>6.15 - 7.15pm Karate Fitness (David Kinchington*)</p>	<p><b>Wednesday</b></p> <p>9.15 - 10.15am Tai Chi Form (Oadby, Leicester)</p> <p>11.00 - 12.00am Tai Chi Form (Eyres Monsell Community Centre)</p> <p>6.00 - 7.30pm* Combat Taiji Training Methods</p> <p>*Starting Spring 2020</p>
<p><b>Thursday</b></p> <p>10.15 - 11.00am Tai Chi Form (Bradgate Flats, Asfordby)</p> <p>1.30 - 2.30pm Tai Chi Form</p> <p>5.30 - 7.00pm Combat Tai Chi</p>	<p><b>Friday</b></p> <p>9.00 - 9.45am Tai Chi Form (Evington Village Hall, Church Road, Evington, Leicester LE5 6FA)</p> <p>10.00 - 11.00am Tai Chi Form (Brock Hill Country Park Oadby, Leicester)</p> <p>2.30 - 3.30pm Tai Chi Form (Braunstone West Social Centre)</p> <p>5.30 - 7.00pm Combat Tai Chi</p> <p>7.00 - 9.00pm Ei Mei Kan Leicester Aikido (Adoni Pavlakis*)</p>	<p><b>Saturday</b></p> <p>10.30 - 1.30pm Qigong, Tai Chi Form &amp; Training Methods (Tony Gough)</p> <p>2.30 - 4.30pm Taiji Boxing: From Principles To Combat (Nasser Butt Cost: £20/Session)</p> <p><b>Sunday</b></p> <p>8.00 - 9.30am Tai Chi Form &amp; Training Methods (Elliot Morris)</p>

# Class Timetable (On-Site and Off-Site Classes)

## Fa-jing Ch’uan Internal Chinese Boxing Schools

Events & Workshops

Details for all our events and workshops can be found on our FaceBook Pages

Cyprus

facebook.com/HadjiosValleyTaiji/

UK & Europe

facebook.com/ragdollboxer/

[Nasser Butt]

Prices

FIRST SESSION FREE

Adults: £8/Session

Students/OAPs: £6/Session

Monthly Weekend Training (TBC Each Month)

(Monthly Rates Available Upon Request)

All classes are held at our purpose built studio with Nasser Butt, unless indicated otherwise.

*\*Classes with Independent Schools/Instructors. (The above pricing policy does not include these nor the Saturday/Sunday sessions).*

All classes are subject to change. All participants will be notified of any changes in advance.

